THE WIDE AWAKE CIRCLE

BOYS AND GIRLS DEPARTMENT

Rules for Young Writers. 1. Write plainly on one side of the aper only, and number the pages.
1. Use pen and ink, not pencil.
2. Short and pointed articles will siven preference. Do not use over

Whatever you are—Be that!
Whatever you say—Be true!
Itraightforwardly act.
Be honest—in fact,
Be nobody else but you."

POETRY. The Knitter.

What do you do, Little Sister,

Mymuring there in the sun

Myou please, sir, I am counting my

stilches stitches, My new knitting is just begun."

What do you knit, Little Sister?
A scarf for your shiny gold head?
"Oh no, let my hair go uncovered,
I knit for a lad instead."

And who is the lad, Little Sister?
Your own lad by love and by right?
"Oh no, if you please, sir, it is any dear lad, Barefooted there in the fight?" When I saw your bowed head, Little

Sister, And powed head, Little
And your moving hand on your knee,
thought you were slipping along the
beads Our Father and Hail Mary.

"Oh, yes, if you please, I pray as I And the stitches and prayers make the sum.

Two is for England, four is for France, THE WINNERS OF PRIZE BOOKS.

And six is for Belgium.

"And all the great fellowship follows Woven in, row after row.

I pray as I knit and I knit as I pray,
Binding off with Amen at the toe."
From "Poems," by Alice Brown.— Pity Poor Puss.

Kitten: O mother, I'm hungry, and thirty, and

sad, My sides sink so emptily in;

I thought that he loved me—that dear little boy, Who played with and squeezed me so e and forgotten me quite.

Mother:

My baby, my kitty, I'm hungry as well,
I've searched all in vain for a meal;
I wish, oh, I wish, that I knew how to
tell

I'm sure they'd be sorry, I'm sure they would care, It's only that they didn't think. Or they'd have provided, that semehow

We'd something to eat and to drink.
—Young Soldier.

UNCLE JED'S TALK TO WIDE-AWAKES.

The trees of all others which invite the attention of youngaters are the nut

viders of food to man, and that in the early ages, man regarded the trees sacred because they provided fuel and fruit for the comfort of man.

The palm tree is the most wonderfu tree because it supplies food and rai-

TOMMY TIDD.



Pleasant, fair, and good; ts hearth is crowned with and light, Its board with daintiest food; And I, when tired with care and do Go in and shut my sorrows out.

says he planted a cypress, a pine and to the winds, and they grew together and became one tree, and this wonderful tree, and this wonderful wood was used in building Solomon's temple. Every tree once had a guardian

nymph, just as every human soul is

Every tree once had a guardian nymph, just as every human soul is now believed to have a guardian angel, and when the tree died the nymph also died.

An old oak was once about to fall when Rhaccus had new earth put at its roots, set it upright and gave it a new lease of life, and the guarding nymph appeared to Rhaccus and thanked him for saving her life and told him she would grant whatever he would ask. She made an appointment with him and sent's bee as a messenger, but Rhaccus was a sport, and the bee came to him when he was playing and he nearly killed the nymph's messenger, whereupon she paralyzed him. Rhaccus in his wrath had the tree cut down and thus made an end of the nymph.

Man does not pay reverence to trees

any more as gifts from God, but like the vandal he is, lays forests waste and himself suffers for want of the

Men thoughtlessly ruin in a day the product of ages.

1-William Cotter, of South Coven-try: Aeroplane Scouts at Verdun. 2-Rose Weiner, of Norwich: Vaca-

3-Stella Bolicau, of Goodyear Ruth Preptice. 4-Mildred B. Ellis, of Willimantic: Aeroplane Scouts in England. 5-Frances Diffley, of Norwich: Jack Lorimer's Holidays.

6-Mildred E. Grandy, of Yantic: A Little Girl in Old St. Louis. 7-Esther Cramer of Norwich: Ae-oplane Scouts in France and Bel-

8—Leona Bergerson, of Taftville: Camp-fire Girls at Onaway House. The winners of prize books living in the city may call at the Bulletin business office for them at any hour after 10 a. m. on Thursday.

LETTERS OF ACKNOWLEDGMENT

Esther Cramer, of Norwich: I re-ceived the prize book entitled Mil-dred's New Home and have read it and found it very interesting. I thank

Florence Gallup, of Moosup: I thank you for the prize book you sent me entitled A Little Girl of Old Sa-

Stella Gaska, of Jewett City: I thank you very much for the nice prize book I received. I have read some of it and find it very interesting. Gabrielle Bujak, of Mansfield Center: Thanks very much for the two prize books you sent me. They are very interesting.

trees, which are the all important trees with wild men today.

When the Wide-Awakes are gathering nuts and making the woods ring with their glee they do not know that nut trees were aware the first trees were aware to the first trees were the first trees were trees the first trees were the first trees were trees to the first trees were trees to the first trees trees the first trees were trees to the first trees trees the first trees trees trees the first trees trees trees the first trees trees

Florida Reil, of Versailles: I re-ceived the prize book, and have read it through. I thank you very much for it. It was very interesting.

STORIES WRITTEN BY WIDE-AWAKES.

Buge in Business.

Perhaps the most curious workmen mployed in any factory in the world re those which are a part of a force

memployed in any factory in the world are those which are a part of a force in factories where surveying instruments are made. Here the most delicate thread in the world is needed, and the factory keeps a force of spinners always on hand. These spinners are a certain kind of spider. Not every spider will do. Those employed are large, fat fellows which will spin a round, tough thread.

It is their duty to spin a delicate thread which is used for crosshairs to mark the exact center of the object lens in the surveyor's telescope. Spider web is the only suitable material yet discovered for the cross hairs of surveying instruments. Almost invisible as this fibre is to the naked eye, in the powerful lenses of the telescope it is brought to the size of a man's thumb, so that all defects, if there happened to be any, would be magnified to such a degree that the web would be useless.

Human hair has been tried, but when magnified it has the apparent dimensions of a roughly hewn lamppest. Moreover, human hair is transparent, and cross hairs out of sight in his rowboat, the dock.

During a month of spinning season the spiders produce thousands of yards of web, which is wound upon metal frames and stored away until needed. A spider at work dangles in the air by its invisible thread, the upper end of which is attached to a thread of the rowboat and filled a basket on a bench walked into his sket with siones, jumped out of his load, pretending that he did not see them and placting his one about the protrick him, so he had under a seat of the rowboat and filled a basket with his oars. The "bunch" is sket with stones, jumped out of his load, pretending that he did not see them and placting his make-believe" basket on a bench walked into his sket with siones, jumped out of his load, pretending that he did not see them and placting his one produce thousands of the rowboat and filled a basket with his oars. The "bunch" is well as the boys he said, "Next time you want to play a trick on someone you will have to be a little more ca

The Little House Gardener, by Catherine Kirby of Norwich.

attached. When the spider attempts to leap to the ground, this end is huickly attached to the center of a whirling frame, and as the spider paye out thread, it is wrapped around the frame. Several hundred feet of thread can be removed from a spider at once.

GABRIEN LA BUJAK, Age 14.

Mansfield Center.

The Little Loafer

The Little Losfer.

The teacher was carnestly trying to picture the outcome of laziness and idleness. He drew a terrible picture of the habitual loafer, the man who hates work, and his ultimate fate.

"Now, Charile," he continued, to a little boy who had been looking out of the window, and whose mind was far from the lesson of the hour, "tell me who is the wretched, miserable individual who gets clothes, food and lodging and gives nothing in return?"

Charlie's fage glowed. "Plasse, sir," he replied, "the baby."

JOHN A. BURNS, Age 11.

Yantic.

At last, one of the noisiest of the men said:

"Let the lad alone, comrades. There is the making of a soldier in him; he can stand fire."

From that, time no one disturbed him, and several even followed his example; or if they did not kneel down, at least breathed a silent prayer before composing themselves to sleep.

Do not be afraid to practice your religion openly. The world will admire you the more for a fearless and open profession of the faith that is in you.

LEONA BERGERON, Age 11.

Taftville.

It was one of those queer September days when the wind blew and made your cheeks red and healthy and wind-burned; one of those days when the sky looked extra bright, when the fleecy clouds showed up snowy on the blue and made the meadows look like a fresh painted picture.

picture.

It was on this kind of a day that I went motoring with my parents. The hay had been cut and was piled in the small and large mounds in the brown fields, and the corn stalks, too, were out and stood in upright rows in stalk-stubbed patches and in vast meadows.

The prefix many that the Constitution of the ling there.

The leading educational institution of the city is the University of Pennsylvania.

MILDRED E. GRANDY, Age 12.

Yantic.

A Five-cent Discount of the ling there.

The prefix many that the constitution of the ling there.

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The prefix many that the constitution of the city is the University of Pennsylvania.

MILDRED E. GRANDY, Age 12.

meadows!

The pretty pools of salt water wound in and out where there were stretches of the reddish brown or sunburned and dry grass, which the wind blew, making it nod in all directions.

It was when the new "Inn" on the road to Westerly had been completed. The "Inn" with its new sign "Captain Jimmie's Inn" had not been painted and the "Inn" looked fresh and new, too. The piazza was occupied by no one except a man in a white jersey all tattered and torn. I don't believe he was as much in ("Inn") as he was out.

"Well," one of my parents remarked
"I guess Captain Jimmie is out today." And I quite agreed with her
if that was Captain Jimmy.
HELEN COCHRANE.

Nerwich. The Vultures.

The name "vulture" is applied to a amily of birds of prey. The bill o ovely prize book you sent me. I have tarted to read it and find it very interesting and hope to win some more in the future.

Ellen Powers of Oakdale, Conn: I

as disagreeable.

The American vultures sometimes reach a large size and are very powerful in flight.

The Turkey Buzzard and Carrion Crow, both of which are vultures, are common in the temperate parts. common in the temperate parts of America. The Carrion Crow is found as far north as Carolina. The Turkey Buzzard is not a true buzzard and is wrongly so called.

jumped up, grabbed the basket and ran away.

Then Fred came out, took the basket of fish and walked home.

When he met the boys he said, "Next time you want to play a trick on someone you will have to be a little more careful in your plans."

ESTHER CRAMER, Age 13.

Norwich.

The Day I Lost My Luck. One cloudy day my brother and I decided to go fishing. We started out with our hopes running high but came hack discouraged as you will soon see. We balted our hooks and I caught a hass which I lost. I caught four in succession and could manage to keep only one which was a skivver.

I then caught a pout and a pumpkin seed, and could keep only the pumpkin seed.

I then got discouraged and started home.

When I got home my father said:
"This is the day you lost your luck."
HAROLD WILDE.

Philadelphia.

The leading cities southwest of New York as far as Richmond are located along the Fall Line. The greatest of sil is Philadelphia, which has over 1.500,000 inhabitants and ranks third among the cities of the United

Lines of steamships run from Philadelphia to the leading scaports of the United States and foreign countries, carrying both passengers and a



multitude of products. Because of its nearness to the coal fields, Philadelphia has become a great shipping point for coal. The coal and fron have made possible the manufacture of cars, heavy machinery and steel ships at Philadelphia and Wilmington.

Philadelphia is a great textile manufacturing center, making especially woolen goods; there is much manufacturing of clothing and in carpet manufacturing this is the most important city in the country.

A Five-cent Piece.

If anyone who had never seen a five-cent piece asked me to describe it, this is the way I would describe it:

Money used in the United States consists of coins from a copper penny to a twenty dollar goldpiece.

The five-cent piece is about three-fourths of an inch in diameter and is made of nickel mixed with some other metal. On the front is a head of Liberty and on the band which she wears on her head is the word "Liberty." Around her head are thirteen stars to represent the thirteen original colonies. Under the head is the date when the coin was made.

coin was made.
On the back are the words United States of America. There is a wreath in which is the Roman numeral five, Under the wreath is the word Cents. This coin is used as money and is sometimes called a "jitney" or a "platel."

MIRIAM SHERSHEVSKY, Age 9.

LETTERS TO UNCLE JED. My Trip to Ocean Beach. Dear Uncle Jed: On July fifth our

a picnic at Ocean Beach.

We took the 10.15 car from Franklin square to New London which was a
very nice ride. Then we took the
Ocean Beach car and when we got to
the beach it was almost twelve o'clock, the beach it was admost twelve o'clock, and as we were all hungry we decided to have, dinned which we at in the sand and ate. After dinner we had some ice cream which was very good. After we had finished eating we went and took a walk around the heach. Then some of the girls that had bathing suits went in bathing; but as I didn't have any I could not go in bathing.

go in bathing.

I took off my shoes and stockings and went in wading. When I was standing in the water a big wave came which knocked me over and I got all wet, so I had to stand up for most o wet, so I han the afternoon.

About half-past five we began to get ready to go home and about six o'clock we started. I arrived home about 8 o'clock very tired and happy.

ANNA ANDERSON, Age 12.

My Visit to Niantic Camp Ground. Dear Uncle Jed: Labor Day I was nyited to visit a soldier friend of

mine at the camp at Niantic. mine at the camp at Niantic. It was a quarter past one when we left Norwich for New London. We reached New London at quarter past two, but the East Lyme tar which we were to take had not came in. I questioned the starter about it and he said we would have to wait half an hour. At quarter of three the East Lyme car came in and we boarded it. It was a long ride and the car was crowded, but at last we reached our destina-

woolen goods; turing of clothing and in the country.

Philadelphia is called the Quaker City, because it was founded by William Penn and other Quakers, many of whose descendants still live there. It was the home of Benjamin Franklin; and at one time, before Washington was built, it was the capital of the United States.

Independence Hall, in which the ing themselves with a Victrola. He was very glad to see us and we talked for uite awhile, after which he showed us his tent.

In every tent are ten cots on which the city in the country in the country.

In every tent are ten cots on which the showed us his tent.

In every tent are ten cots on which the soldiers sleep. On the tent pole hung kits containing first aid equipment, which consisted of several different kinds of bandages, plasters and medicines. There was also an instrument for cutting splints. The dinner kit comprised a plate, a knife and fork, and a cup. A few "Red Cross" sweaters lay on the cots.

At the sound of the bugle the men lined up, and were reviewed by different officers in command. All of the buglers played and the officers on horseback saluted the flag, while the soldiers stood at attention. The flag was lowered at sundown. One soldier lowered it while a few more helpe; so owered it while a few more helpe; so t should not touch the ground. After

went to supper.

We left at six o'clock, reaching home very tired after having had an interesting and enjoyable afternoon. FRANCIS DIFFLEY, Age 13.

She Carried the Basket. Dear Uncle Jed: The other day as I was coming home from school, there was an old lady coming along the road. She was awful old and feeble looking, and she was very poorly dressed and walking with a cane. She was trying to carry a market basket and it seemed to make her awful tired, and as I watched her, I felt very sorry for her,

THE DRAWING CONTEST 11 Prizes Every Second Month

Pictures to the width of a column of The Bulletin or of two

Pencil or ink-no color

Write name and address plainly on back of drawing, otherwise you may not get oredit.

PRESENT CONTEST CLOSES

OCTOBER 23rd



'America! I Love You!" by Maria Whitford of Norwich



ry the basket for her. The poor old lady seemed to be awful glad to have me carry it, and it made me very happy to be able to help her, for I have always been taught to be kind to all old people.

MILDRED B. ELLIS, Age 9.

What I Did and What I Earned.

What I Did and What I Earned.

Dear Uncie Jed: I thought the wide-Awakes would like to hear about my garden, which is twenty-five feet square.

I bought for twenty cents seeds, and I made nine dollars and a half.

I planted onions, carrots, radishes, beets, lettuce, cabbage and cucumbers. I worked one hour and a half every day. The man who looks after our garden is Mr. Turner.

In my next letter, I will tell you about my vacation, and how I spent the money from my garden. the money from my garden. STELLA BOLIEAU, Age 11. Goodyear.

nine cows, five helfers, three calves, two dogs, three cats, three pigs, and quite a lot of turkeys and chickens.

In these gardens every variety of vegetables is growing of the finest

There are half a dozen maple trees, and they are over a hundred years old. RITA MERRIFIELD, Age 14.

Dear Uncle Jed; I like to go to school. My school is about a mile away from my home. It is called "The Tyler School." There are eight children going to this school. It has but few children because it is a country school. My school my beacher's name is Miss.

And even if called several times the mark book and hastened to dress. Just as book and hastened to dress. Just as book and hastened to dress. Just as himser eached for her hat she heard the toot-toot of the automobile, and the cries and shouts for her from her book and hastened to dress. Just as book and hastened to dress. Just as himser eached for her hat she heard the cries and shouts for her from her book and hastened to dress. Just as book and hastened to dress. Just as himser eached for her hat she heard the cries and shouts for her from her bothers and sisters, then off they voice:

"Yes, mamma, in just a minute."

And even if called several times the mark but allowed the summer but allowed to dress. Just as book and hastened to dress. Just as he reached for her hat she heard the cries and shouts for her from her brothers and sisters, then off they do shout as she realized that as went. For a minute went, and the properties of the properti Moran. She is very kind to her scholars. I am in the fifth grade. We have spelling, arithmetic, grammar, read-ind, history, geography, penman-ship, physiology, drawing and sew-

We have sewing every Friday. As the school is quite near our house I have to go home for dinner. We have one hour for noon, and fifteen minutes

pair of them as a birthday present.
Each day I would fill up their cups
with feed and water.

mamma often fo
child in tears.

Minnie under

with feed and water.

One day my fainer told me to put a nest and some cord in the cage. As soon as I put the cord in the cage the female bird instantly began to make a nest. In a week's time the nest was prepared I was surprised to find a light blue colored egg about one-third the size of a pigeon's egg in the nest.

Each day the female bird laid another eggs. After the bird had laif five eggs she sat on the eggs and only went off when she had to eat or drink.

In two weeks the first egg hatched a small bird each day out of the little eggs.

Minnie understood that the rule would and must be rigidly kept and that if she wished to join in the pleasure of others and to be always included in the pursuits of family or her friends she must discard the habit of waiting "just a minute." She did try, and many times succeeded in overcoming her fault, but not permanently.

Ever since early spring plans were made to pass the month of August at Grandma Grey's home in the country: Papa was to hire an automobile for a month and all were looking forward to a delightful time. Minnie was very watchful and for three weeks she succeeded so well in learning her plays, the victim of Delay.

The summer had been a trying of the victim of Delay.

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The summer had been a trying of the victim of Delay.

When the little ones were able to eat I put each of them in a separate cage. ROSE WEINER, Age 10. Norwich.

Played Hares and Hounds, Dear Uncle Jed: I thought I would write to you of my Boy Scout camping trips at Columbia Lake, and especially of our game of hare and hounds.

At first we were the hounds and we chased the hares on a roundabout trip and after many a puzzling place we finally found them in a big open pasture firing apples at each other.

Then we changed and they chased the changed and they chased we should be the changed and they chased the changed and they chased we changed and they changed we changed and they changed we changed and changed and they changed we changed and they changed we changed and they changed the changed and they changed the changed and they changed the Then we changed and they chased us through swamps and marshes. We came upon a big field of ferns and in the midst we saw a big, black snake. We finally came near the lake and we emptied all our papers and went down to the lake where we awaited the arrival of the hounds.

They at last came. They had a dog with them and before they came up he had to come to our hiding place. There was a cruel boy with us who hit him on the head with a large stick and sent him back to the hounds squealing, for he was not the barking kind.

Pretty soon the boys came up to

kind.

Pretty soon the boys came up to within ten feet of our hiding place, but

luckily they did not see us.

Well, after awhile they got tired of looking for us and shouted that they gave in.

Afterwards, when we came up with them, they said they gave up because they heard the bugle call for swimming. But this was not so.

WILLIAM BARRY. South Coventry.

Attended a School Picnic. Dear Uncle Jed: Soon after school closed I went to my sister's to visit her. She came up to my house one Sunday and the next day I went home with her.
While I was there I visited the school.

While I was there I visited the school. When the school there closed they had a school picnic and I attended it. We all went off down in the woods across the road from the schoolhouse.

First we played games for awhile so as to get good and hunsry, then we all sat down in the shade and ate our lunch. We had candy, papeorn and peanuts.

After dinner Miss Darnelius, the teacher, lay down on the ground and went to sleep while we played hide and seek in the bushes. We didn't have any water or anything to drink, with us, so we all went back to the schoolhouse and got some water. Then

"Uncle Sam's Flying Machine," by Mary Woods of Norwich.

Although she was a dear child they were not blind to her serious fault, which they feared if not amended, would mar her life. They endeavored to make her realize that her habit of putting things off must be broken at once, or the habit would be a blot on her character that could not be erased; and that it would take strong will-power to attain the desired result.

I teresting short story and did not realize the change of plans, answered to their many calls 'yes—yes, I will get ready in just a minute,"

When Papa and the automobile arrived, he and mamma at first felt that they could not go and leave their little girl at home, but they also felt that this perhaps would cure her permanently of her bad habit, so acted accordingly.

When Papa and the automobile arrived, he and mamma at first felt that they could not go and leave their little girl at home, but they also felt was accordingly.

When Papa and the automobile arrived, he and mamma at first felt that they could not go and leave their little girl at home, but they also felt.

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When Papa and the automobile arrived, he and mamma at first felt that they could not go and leave their little girl at home, but they also felt.

Trains were lost, they were late to church, lectures, etc., waiting for her. Her brother and sister called her I "Little Miss Wait-a-Minute." Punish-ment did not correct the fault for the se habit grew stronger and caused much

one hour for noon, and fifteen minutes for each recess.

Age 13.

We play a few games in school. But our teacher told us to build a large play house. As we want to obey our teacher we are going to start it soon. The boys are to bring the axes and chop the sticks, while the girls are gool, there the road.

Jewett City.

My Pet Canaries.

Dear Uncle Jed: I am going to tell you about my pet canaries with the you for her, on her and the car
on her and the car
on hour for noon, and fifteen minutes for each recess.

The family at last realized that she would not out-grow it, so each one was told to call Minnie twice and the call Minnie twice and the call Minnie twice and the could not out-grow it, so each one was told to call Minnie twice and the call Minnie twice and the could not out-grow it, so each one was told to call Minnie twice and the call Minnie twice and the would not out-grow it, so each one was told to call Minnie twice and twice and the call Minnie twice and twould not out-grow it, so each one was told to call Minnie twice and twice and the call Minnie twice and the call Minnie twice and the call Minnie twice and twice and twould not out-grow it, so each one was call minnie twice and twice and twould not out-grow it, so each one was call Minnie twice and twice.

That letter is one of Minnie's cherture and twould not out-grow it, so each one was call and twice and twice and twould not out-grow it, so each one was call and twice and twould not out-grow it, so each one was call and twice and twould not out-grow it, so each one was call and twice and twice and twould not out-grow it, so each one was call and twice and twould not out-grow it, so each one was call and twice and twould not out-grow it, so each one was call and twice and twice and twould not out-grow it, so each one twould not out-grow

child in tears.

Minnie understood that the rule ed slowly into the driveway she rush ed down the steps and her brothers and that if she wished to join in the pleasure of others and to be always

Such a welcome! but Minnie had

a small bird each day out of the little eggs.
For two weeks the young birds were
fed by their parents. Then the female bird began to teach her young
ones to eat.

When the little ones were able to eat

Lynt each of them in a separate case.

we went into the woods again. We played a little while longer but before we got ready to go home it began to rain and we had to run for the schoolhouse. We did not get wet, however, as it did not rain hard enough. Awhile after, it stopped raining and then we all went home. We had a

very good time. GLADYS M. YOUNG, Age 12.

Brookside Farm.

Dear Uncle Jed: Brookside is the name of the farm whefe I am spending my summer vacation. It is a beautiful place, and my mother spent many of her childhood days here.

Brookside Farm.

On the morning of Minnie Dudley's fourteenth birthday her parents talked to he very serjously for they realized as never before that their little girl was growing up.

Although she was a dear child they her serious fault, her serious fault, ready in just a minute,"

Yes, little Minnie was dilatory. She did not mean to be disobedient or 10 book and hastened to dress. Just as voice:

"Yes, mamma, in just a minute."

And even if called several times the "in just a minute" would lengthen into five to ten, and sometimes thirty minutes.

went. For a minute minute med but as she realized that she would not be at Grandma's during the summer, but alone at home with only Patty, the maid, for company, she threw herself upon her bed and gave to her sorrow in spasmodic grief. way to her sorrow in spasmodic grief Mamma wrote once, such a nice dear write, saying that she was not only to remain at home alone, but that no letters could pass between them but that her dear curly haired little girlle would be continually in her thoughts,

eyes and speech for only mamma, and mamma understood and led her child away and as old and big as Mimile was, mamma took her in her lap with will draw the curtain. Papa soon joined them, and when they respbeared it was evident they were con vinced their dear one was no longer the victim of Delay.

The summer had been a trying one to the parents, but in after life they were ever thankful that they were given strength to teach their child her needful lesson.

Minnie's medicine was powerful, but It producted the desired results much fo the gratification and happiness of the family circle.

All bad habits are annoying and create much anxiety to those with whom we mingle and to those who love us; but the fixed and firm habit of delay after one has reached years of discretion often spoils one's life and prevents happiness, success and pros-

N. H.

Princess Friedrich Sigismund of Prussia has given birth to a daughter.

Catarrh Always Means Lessened Vitality

It is a stagnation of a mucous surface. Sometimes & is local; often it is systemic. Then it may manifest itself in unexpected ways-in the stomach, the intestines, or the head. Always it means a part of the delicate mechanism

of the body is not working, and other parts must overwork. Continued catarrh means the involvement of larger areas, and eventually a diseased, weakened system that invites worse troubles.

Control It Promptly

Take a tonic that will invigorate the whole body by restoring digestion and cleaning up the stagna-That tonic should be Peruna, because it is specially designed for just such conditions, and because of its wonderful record of success in nearly half a century it has been relied upon. The large number-many thousands-who have willingly told of its help to them are the best proof that it will relieve you as well. It's worthy of your trial.

Liquid or Tablet form—the latter very convenient for regular administration. 50c a box. Manalin is the ideal laxative. Doesn't gripe or form a habit, pleasant, mild and effective. Liquid,

\$1.00 and 35c. Tablets, 10c and 25c. THE PERUNA COMPANY, Columbus, Ohio

